

Bitter orange



Scientific name: *Citrus aurantium L.*

Common name: Bitter orange

Traditional name: Orange flower and blossom

Part used: Petal

Description & characteristics:

Thick fleshy revolute petals are yellowish white and have essential and aromatic secretory cavities.

Temperament: Hot and dry

Functions: *Mofarrih* (refreshing), tonic

Traditional uses:

Mofarrih (refreshing), invigorate and tonic of spirits, organs of head, chest, nutriment and digestive and excretion.

Modern uses:

Not enough information is available.

Dosage:

Five cups, three times a day.

How to prepare bitter orange distill: Add pure water 6 times of the weight of the petals.

Side effects:

No health hazards or side effects are known in conjunction with the proper administration of designated therapeutic dosages.

Precautions and warnings:

Not enough information is available.

Use in pregnancy and breastfeeding:

Not enough information is available.

Contraindications:

Not enough information is available.

Interactions:

Not enough information is available.

Pharmaceutical forms available in natural products pharmacy:

Combination: bitter orange or its distillate in combination with other herbs

- Mofarah abrishami syrup
- White anti-stain ointment
- Acerol capsule
- The distill of four plants

References:

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